Theory of Nanoscale Organic Cavities: The Essential Role of Vibration-Photon Dressed States

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ABSTRACT: The interaction of organic molecules and molecular aggregates with electromagnetic fields that are strongly confined in nanoscale optical cavities has allowed the observation of exotic quantum regimes of light–matter interaction at room temperature, for a wide variety of cavity materials and geometries. Understanding the universal features of such organic cavities represents a significant challenge for theoretical modeling, as experiments show that these systems are characterized by an intricate competition between coherent and dissipative processes involving entangled nuclear, electronic and photonic degrees of freedom. In this review, we discuss a new theoretical framework that can successfully describe organic cavities under strong light–matter coupling. The theory combines standard concepts in chemical physics and quantum optics to provide a microscopic description of vibronic organic polaritons that is fully consistent with available experiments, and yet is profoundly different from the common view of organic polaritons. We show that by introducing a new class of vibronic polariton wave functions with a photonic component that is dressed by intramolecular vibrations, the new theory can offer a consistent solution to some of the long-standing puzzles in the interpretation of organic cavity photoluminescence. Throughout this review, we confront the predictions of the model with spectroscopic observations, and describe the conditions under which the theory reduces to previous approaches. We finally discuss possible extensions of the theory to account for realistic complexities of organic cavities such spatial inhomogeneities and the multimode nature of confined electromagnetic fields.

KEYWORDS: organic polaritons, strong coupling, plasmonics, microcavity, absorption, photoluminescence, cavity quantum electrodynamics

Since the early demonstrations of strong light–matter coupling and polariton formation in organic microcavities over two decades ago,1−3 the optical properties of organic polaritons have been intensely studied in a variety of nanoscale optical cavities with different geometries and material composition.4−22 Despite fundamental questions regarding the microscopic behavior of organic polaritons that are still open, pioneering applications of these systems for the control of chemical reactions,23−25 as well as enhancement of transport26−29 and nonlinear optical properties30−35 of organic semiconductors are paving the way for the development of optoelectronic devices that can be enhanced by quantum optics.

Given that the study of organic cavities originally started as a promising variation of inorganic semiconductor microcavities,36 it is useful to first discuss some of the relevant differences and similarities between organic polaritons and their inorganic counterparts. Inorganic semiconductor microcavities require high-quality dielectric mirrors (Q > 105), highly ordered samples, and cryogenic temperatures to reduce the loss of polariton coherence induced by photon loss and exciton scattering.37,38 The linear optical response of inorganic microcavities is largely dominated by the so-called polariton splitting in the transmission, reflection and absorption spectra, which is centered at the bare exciton frequency for resonant light–matter coupling.

In perfectly ordered inorganic samples, there are no light–matter states in the frequency region between the lower and upper polariton peaks. However, lattice disorder in realistic samples can lead to the formation of localized polariton states in the vicinity of the bare excitonic resonance,39 which can also absorb and emit light. The relaxation of inorganic polaritons is dominated by nonradiative decay via perturbative polariton–phonon scattering,37,40 and also radiative relaxation due to the leakage of the cavity photon that forms part of the polariton wave function, through the cavity mirrors into the far field. Photons that leak out of the cavity can be detected in reflection, transmission, and photoluminescence experiments,41 providing information about the photonic component of the parent polariton state from which they originated.42 For a system with small structural disorder, the overall polariton relaxation dynamics is thus determined by a competition of time scales between phonon scattering and photon leakage.39,43 At higher excitation densities, polariton–polariton scattering becomes important as well.40

Organic microcavities differ from inorganic systems in several practical and fundamental ways. For example, with organic cavities it is not necessary to cool the material to very low
temperatures in order to reach the so-called strong coupling regime of cavity quantum electrodynamics, as is the case for inorganic samples. Organic polaritons can be prepared at room temperature. Another important difference is the much shorter lifetime of cavity photons in typical organic cavities with metallic mirrors in comparison with inorganic systems having dielectric mirrors. Metallic microcavities and plasmonic nanocavities can have quality factors as low as $Q \sim 10^{2}$, which could be shorter than the time scales for intramolecular vibrational relaxation, and much shorter than the photon lifetime in inorganic microcavities. In such lossy cavities, polariton formation is only supported transiently by a very strong coherent light–matter coupling. In organic cavities, the so-called vacuum Rabi frequency, which quantifies the strength of light–matter coupling, can reach record values in the range 0.1–1 eV/$\hbar$, several orders of magnitude larger than the values achieved with inorganic microcavities, atomic cavities, or superconducting resonators. In addition to the difference in relaxation time scales and light–matter coupling strength, another feature that distinguishes organic cavities from their inorganic analogues is the strength of electron–vibration coupling between electrons and photonic degrees of freedom. This is strikingly different from inorganic microcavities, where electron-vibration coupling is only perturbative. The strong electron-vibration coupling in organic materials gives a vibronic structure to the spectral signals of organic polaritons that has been well established experimentally.

In order to model organic cavities, we therefore need a theory that is able to describe the competition between the multiple coherent and dissipative processes that determine the observable properties of organic polaritons, such as their absorption and emission spectra. We have recently developed a theoretical framework that combines elements from condensed matter theory and quantum optics, to describe the interaction between nuclear, electronic and photonic degrees of freedom illustrated in Figure 1. The theory builds on the recently introduced Holstein-Tavis-Cummings (HTC) model, together with a Markovian treatment of dissipation. The theoretical framework based on the HTC model reduces to previous quasiparticle theories of organic polaritons under certain conditions. However, the theory is more general, as it allows us to provide a consistent interpretation for some of the conundrums observed in the absorption and emission spectra of organic cavities.

Throughout this review, we show that the HTC model offers a possible explanation for the unusual observations in refs 4, 16, and 47 by introducing a new type of hybrid light–matter state, the dark vibronic polariton, a polariton eigenstate that cannot be accessed spectroscopically by absorption from the absolute ground state of the cavity, but yet can strongly emit light into the far field by photon leakage. The emitted photons can have lower energy than the dark vibronic polariton state from which they originated, something that is not possible within previous organic polariton theory. We show that this profoundly different view of vibronic polariton emission is valid for any value of the Rabi coupling strength, which may have important implications for macroscopic coherence phenomena such as condensation and lasing.

HOLSTEIN-TAVIS-CUMMINGS MODEL

We begin our discussion by introducing the Holstein-Tavis-Cummings (HTC) model, which describes an ensemble of $N$ organic emitters interacting with a single cavity mode. The HTC Hamiltonian can be written as

$$
\hat{H} = \omega_0 \hat{a}^\dagger \hat{a} + \sum_{n=1}^{N} \omega_n \hat{b}_n^\dagger \hat{b}_n + \sum_{n=1}^{N} [\alpha_n + \alpha_n \lambda (\hat{b}_n + \hat{b}_n^\dagger)] \hat{c}_n \langle \epsilon_n \rangle
+ \frac{\Omega}{2} \sum_{n=1}^{N} (\langle \epsilon_n \rangle \hat{a}^\dagger \hat{a} + \hat{c}_n \langle \epsilon_n \rangle \hat{c}_n^\dagger \hat{c}_n)
$$

(1)

where $\omega_0 = \omega_{00} + \omega_0 \chi^2$ is the vertical Franck–Condon transition frequency, with $\omega_{00}$ being the frequency of the zero-phonon (0–0) vibronic transition, $\omega_0 \chi^2$ is the intramolecular vibrational frequency.
and $\lambda^2$ is the Huang–Rhys factor,\textsuperscript{51} which quantifies the strength of vibronic coupling within the displaced oscillator model illustrated in Figure 2. The operator $\hat{b}_n$ annihilates one quantum of vibration on the $n$-th emitter. The operator $\hat{a}$ annihilates a cavity photon with frequency $\omega_c$, and $\Omega$ is the vacuum Rabi frequency for a single molecular emitter, which can reach several tens of meV in nanoscale plasmonic systems.\textsuperscript{42}

The HTC model in eq 1 describes either individual molecules or molecular aggregates interacting with a confined electromagnetic field for which dispersion can be neglected within the photon line width. We assume that all molecules (or aggregates) are equally coupled to the electric field of a single broadened quasi-mode of the cavity $\omega_c(k)$, where $k$ is a mode parameter that determines the photon energy, such as the in-plane wave vector for planar mirrors. Since metallic cavities are highly dispersive and the electric field is not spatially homogeneous throughout the organic material, the HTC model in its current form can only provide a qualitative description of the dispersive behavior of organic polaritons. However, we expect the predictions of the HTC model to become accurate for systems where the electronic transition frequency of the molecular system is resonant with the region of the cavity dispersion diagram with the largest density of states, which is less dispersive. For planar microcavities with dispersion of the form\textsuperscript{42} $\omega_c(k) = \omega_c \sqrt{1 + (k/k_0)^2}$, the region with large mode density occurs near $k = 0$, that is, at normal incidence.

Real organic samples are highly disordered, and energetic disorder in the electronic transition frequency is well-known to influence the photophysics of organic semiconductors.\textsuperscript{53,67} In organic cavities, there is also a large degree of structural disorder\textsuperscript{68} associated with the orientation of the molecular transition dipoles relative to the spatially inhomogeneous cavity field, which leads to the coexistence of molecular dipoles that remain in the weak coupling regime due to inefficient light–matter coupling, and molecular dipoles that can strongly couple to the cavity field and form polariton states.\textsuperscript{59,69} We have recently shown that the qualitative predictions of the homogeneous HTC model in eq 1 can hold in systems where the light–matter coupling strength exceeds the typical energy disorder widths,\textsuperscript{55,56–57} which is the case for several experimental realizations of organic cavities.\textsuperscript{4,53,54,70}

**Single-Particle Approach.** In Figure 3a, we illustrate the spectrum of the HTC Hamiltonian $\hat{H}$ for an ensemble of $N$ molecular emitters in a cavity with Rabi coupling parameter $\sqrt{N\Omega}/\omega_c \ll 1$. We show only those states within the manifold that involves up to one vibronic excitation or one cavity photon, with any number of vibrational excitations. This is the analogue of the one-excitation manifold of cavity QED in quantum optics.\textsuperscript{71} The absolute ground state of the cavity is given by the product form

$$|G\rangle \equiv |g_10_1^0, g_20_2^0, \ldots, g_n0_n^0, \ldots, g_N0_N^0; 0\rangle$$

which describes a cavity without electronic, vibrational or photonic excitations. The state $|g_0\rangle$ describes the $n$-th molecular...
emitter in the ground vibrational state \((\nu = 0)\) of its ground electronic potential, and the photon vacuum is denoted as |0\>. Given that within the HTC model the confined electromagnetic field is unable to distinguish between individual molecular emitters, a single photon state can couple to the delocalized vibronic excitation

\[
|\alpha_0, \nu, 0\rangle \equiv \left( \frac{1}{\sqrt{N}} \sum_{n=1}^{N} \left( g_{01} \cdots g_{0N} \right) \otimes |0\rangle \right)
\]

where \(\alpha_0\) is a permutation quantum number that describes the totally symmetric character of the superposition with respect to particle permutation. We use the displaced oscillator notation \(\nu_0 \geq 0\) from Figure 2 to describe the vibrational quantum number of the \(n\)-th molecule in its excited electronic potential. In the language of molecular aggregates, state \(|\alpha_0, \nu, 0\rangle\) would correspond to the bright exciton \^2\ derived state. We note, however, that in contrast to the Frenkel exciton formalism, \(^\text{35,72}\) the permutation symmetry within the homogeneous HTC model emerges naturally from the inability of the electric field to distinguish between individual emitters, not as the result of intermolecular coupling in systems with translational invariance, such as molecular aggregates or molecular crystals.

For the small value of the Rabi coupling parameter \(\sqrt{N}\Omega/\alpha_0 \ll 1\) considered in Figure 3, the resonant coupling between the photon state \(|\alpha^0\rangle\) and the material state \(|\alpha_0, \nu, 0\rangle\) leads to the formation of diabatic single-particle polariton eigenstates given by

\[
|P_{\nu}^{\alpha_0}\rangle = \frac{1}{\sqrt{2}} \left( |\alpha_0, \nu, 0\rangle \pm |g_{01} \nu_0, \cdots, g_{0N} \nu_0\rangle \right)
\]

which have diabatic energies \(E_{\nu} = \omega_{\nu_0} \pm \nu_0\Omega\). These diabatic states define a conventional polariton doublet split by

\[
\Delta E_{\nu} = \sqrt{N}\Omega(0E)
\]

The dispersion relation in Figure 3b shows that at normal incidence \((k = 0)\) the resonance condition \(\alpha_0 = \nu_0\) leads to the formation of a conventional single-particle polariton splitting \(\Delta E_{\nu}\). For higher wave vectors, there can be additional single-particle anticrossings when the cavity obeys the resonance condition \(\alpha_0 \neq \nu_0\). For instance, in Figure 3b, there is a splitting \(\Delta E_{\nu}\) in the in-plane wave vector k \(\approx 1.1 \mu m^{-1}\).

Since the single-photon state \(|\alpha^0\rangle\) can simultaneously couple to two or more vibronic excitations having different number of displaced vibrational quanta \(\nu\) (sidebands), the most general diabatic single-particle eigenstate of the HTC model can be written as

\[
|P_{\nu}^{\alpha_0}\rangle = \sum_{\nu} C_{\nu} |\alpha_0, \nu, 0\rangle + D_{\nu} |g_{01} \nu_0, \cdots, g_{0N} \nu_0\rangle \quad (6)
\]

where the values of the orthonormal vibronic and photonic coefficients \(C_{\nu}\) and \(D_{\nu}\) are obtained from diagonalization of the HTC Hamiltonian in the single-particle basis. Several experimental works have discussed the vibronic structure of organic polariton spectra on the basis of such single-particle diagonalizations. \(^\text{35,72} \sim \text{35,6,6,64}\) The defining feature of this single-particle theoretical approach to describe the spectroscopy of organic cavities is the definition of a unique single-photon state in the problem, in which all the molecules in the ensemble are in the vibrationless ground state \(\langle \hat{a}^\dagger \hat{G} \rangle\). This restriction has immediate consequences in the predicted polariton emission dynamics. For example, when the photonic component of the state \(|P_{\nu}\rangle\) in eq 6 is emitted into the far field by leakage out of the strong light–matter interaction volume, the emitted photon can be detected at the same energy of the parent polariton state, because the organic material is projected into the vibrationless ground state \(|g_{01} \nu_0, g_{02} \nu_0, \cdots, g_{0N} \nu_0\rangle \otimes |0\rangle\). We show in the next sections that going beyond the single-particle description of organic polaritons significantly changes this description of radiative polariton decay.

Also within the single-particle approximation, the HTC model predicts the existence of \(N - 1\) collective vibronic states \(^\text{35,72}\) where all uncoupled to the cavity field because they are non-symmetric with respect to particle permutations. These so-called dark collective states can be written as

\[
|\alpha \neq \nu_0, \nu, 0\rangle \equiv \sum_{n=1}^{N} c_{n\nu} |g_{01} \nu_0, \cdots, g_{0n} \nu_n, \cdots, g_{0N} \nu_0\rangle \otimes |0\rangle
\]

where \(c_{n\nu}\) are orthonormal coefficients that depend on the permutation symmetry quantum number \(\alpha \neq \nu_0\) and satisfy the condition \(c_{\nu_0\nu_0} = 0\). In the language of molecular aggregates, the states \(|\alpha \neq \nu_0, \nu, 0\rangle\) correspond to dark exciton states. \(^\text{72}\)

Since they do not participate in the light–matter coupling within this single-particle approximation, they have the same energy as the bare vibronic transition, as Figure 3a illustrates. Despite being uncoupled from the cavity field, these dark states are collective and delocalized even in the absence of long-range electrostatic interaction among molecular transition dipoles. The collective nature of uncoupled electronic states is a well-known feature of the Tavis-Cummings model from quantum optics. \(^\text{74}\) The Tavis-Cummings model of optical cavities also predicts that system inhomogeneities such as energetic or Rabi disorder break the permutation symmetry quantum number. \(^\text{75}\) We find a similar phenomenology to occur in disordered organic cavities within the HTC model. \(^\text{75}\)

Beyond Single-Particle Theories. In order to describe the eigenstates of the HTC model in eq 1 beyond the single-particle approximation, we need to briefly revisit the role of permutation symmetry in the classification of material and photonic states in a homogeneous system. We note that the HTC Hamiltonian can be written in the form \(\hat{H} = \alpha \hat{a}^\dagger \hat{a} + \sum_n \hat{H}_n\) where \(\hat{H}_n\) corresponds to the electron–vibration and electron–photon coupling terms. For a homogeneous molecular ensemble, that is, no energetic or Rabi disorder, we have that \(\hat{H}_n = \hat{H}_m\) for any \(n \neq m\), which makes \(\hat{H}\) invariant under permutation of emitters. The eigenstates of the HTC model in eq 1 therefore must have a well-defined particle permutation symmetry.

It is nevertheless convenient to treat the permutation symmetry of the vibrational degrees of freedom of the ensemble separately from the permutation symmetry of the electronic degrees of freedom, preserving the overall symmetry of HTC polariton eigenstates. For example, we can introduce a purely vibrational collective excitation (phonon) in the ground manifold of the form

\[
|\psi_{\nu, 0}\rangle = \sum_{n=1}^{N} c_{\nu n} |g_{01} \nu_0, \cdots, g_{0n} \nu_n, \cdots, g_{0N} \nu_0\rangle \otimes |0\rangle
\]
where $\nu \geq 1$ and $\beta$ is the permutation quantum number associated with the nuclear degrees of freedom of the ensemble. There are $N$ possible values for $\beta$, of which $\beta = \alpha_0$ describes the totally symmetric superposition, and the remaining $N - 1$ values $\beta \neq \alpha_0$ are associated with nonsymmetric combinations. In the language of exciton theory, the collective vibrational excitation in eq. 8 would correspond to an intermolecular phonon.\textsuperscript{51, 76} However, we stress that the collective nature of vibrational excitations in a cavity does not emerge from the long-range electrostatic interaction between emitters as is the case in molecular aggregates\textsuperscript{55} but from the indistinguishability of the molecular emitters coupled to the same electric field.

**Two-Particle Polaritons.** The collective phonon state $|\beta, \nu, 0\rangle$ in eq 8 belongs to the ground state manifold of the HTC model. In the first excitation manifold (see Figure 3), we can define the phonon–photon dressed state

$$|\beta, \nu, 1\rangle = \hat{a}^\dagger |\beta, \nu, 0\rangle$$

having diabatic energy $\omega_0 + \nu \omega_v$ with $\nu \geq 1$. Including vibrationally excited single photon dressed states into the description of organic cavities significantly departs from the single-particle approach to describe vibronic polaritons.\textsuperscript{50, 51, 56, 61, 76, 77, 78}

The metastable state $|\beta, \nu, 1\rangle$ can decay both radiatively via photon leakage and nonradiatively via vibrational relaxation. However, as we discuss later in more detail, for systems where vibrational relaxation is slower than coherent Rabi exchange, we expect that vibrationally excited dressed photon states in eq 9 can significantly contribute to the light–matter dynamics.

The phonon-dressed Fock state $|\beta, \nu, 1\rangle$ in eq 9 can exchange energy resonantly with the two-particle diabatic material state\textsuperscript{56}

$$\langle \alpha \beta, \nu', \nu, 0 \rangle = \sum_{m=1}^{N} \sum_{n=m}^{N} \frac{\epsilon_{jm}}{\sqrt{N - 1}} |\nu'_m \nu_n \nu, \nu_0 \nu_c \nu_c \nu_0 \nu_0 \nu_0 \nu_0 \rangle \otimes |0_0 \rangle$$

which describes an ensemble where the $n$-th molecule is electronically excited in the state $|\nu'_m \nu_n \nu_c \rangle$, and the $m$-th molecule is vibrationally excited in state $|\nu_m \nu_0 \rangle$, with $\nu_m \geq 1$, while the remaining molecular emitters remain in their absolute ground state. For each of the $N$ ways to place a single vibrational excitation $\nu_m$ among the molecules in the ensemble, there are $N - 1$ distinct ways of placing the vibronic excitation $\nu'_n$. Within the homogeneous HTC model in eq 1, these different possibilities are degenerate and have diabatic energy $\omega_0 + (\nu' + \nu_0) \omega_v$. Given this degeneracy, we are free to choose the coefficients of the superposition in eq 10, within the constraints imposed by the Fermionic character of the excitations on the same molecular emitter.\textsuperscript{56} We focus on the vibronic superposition that is totally symmetric with respect to particle permutation, setting equal amplitudes $1/\sqrt{N - 1}$,\textsuperscript{56} and choose vibrational superposition coefficients $\epsilon_{jm}$ to be determined using the same permutation quantum number $\beta$ as the phonon–photon dressed state $|\beta, \nu, 0\rangle$ in eq 8.

We show in Figure 3 that the HTC model allows the resonant coupling of two-particle material states $\langle \alpha \beta, \nu', \nu, 0 \rangle$ with phonon-dressed states $|\beta, \nu, 1\rangle$, preserving the permutation quantum number $\beta$, to form diabatic two-particle polariton states of the form

$$|P^{\pm}_{\alpha \beta, \nu'} \beta \rangle = \frac{1}{\sqrt{2}} (\langle \alpha \beta, \nu', \nu, 0 \rangle \pm |\beta, \nu, 1\rangle)$$

having diabatic energies

$$E^\pm_{\alpha \beta} = \omega_0 + (\nu' + \nu) \omega_v \pm \sqrt{(N - 1) \Omega (\nu' \omega_v)} / 2$$

when the resonance condition $\omega_0 = \omega_0 + \nu' \omega_v$, holds. (The resonance condition $\omega_0 = \omega_0 + \nu' \omega_v$ corrects the expression $\omega_0 = \omega_0$ in refs 56 and 57.) For example, in Figure 3b we show the two-particle polariton splittings $\Delta E_{10}$ and $\Delta E_{20}$ which form when $\omega_0 = \omega_0$ and the two-particle splitting $\Delta E_{11}$ forming when $\omega_0 = \omega_0 + \nu_0$. The possibility of forming these two-particle polaritons in organic cavities is not captured by commonly used single-particle theories.\textsuperscript{56, 58, 61, 64, 76, 77, 78}

The two-particle polariton state $|P^{\pm}_{\alpha \beta, \nu'} \beta \rangle$ in eq 11 does not have a transition dipole moment that connects with the absolute ground state of the cavity, that is, $\langle \alpha \beta | \mu \beta \rangle = 0$, with $\mu$ being the electric dipole operator. Following the definition introduced in previous work,\textsuperscript{56} we can then refer to two-particle polariton states $|P^{\pm}_{\alpha \beta, \nu'} \beta \rangle$ as a type of dark vibronic polaritons that exists in the system for relatively small values of the Rabi coupling parameter $\sqrt{N} \Omega / \omega_v \ll 1$. We later show that, for different strengths of the Rabi coupling, other types of dark vibronic polaritons emerge in the system.

The presence of states $|P^{\pm}_{\alpha \beta, \nu'} \beta \rangle$ could be detected by measuring the diabatic two-particle polariton splitting

$$\Delta E_{10} = \sqrt{(N - 1) \Omega (\nu' \omega_v)} / 2$$

for systems with small values of the Rabi coupling parameter $\sqrt{N} \Omega / \omega_v \ll 1$. The splitting in eq 12 neglects the small coupling between the two-particle polaritons, $|P^{\pm}_{\alpha \beta, 0} \beta \rangle$, and the one-particle states $|\alpha \beta, 0\rangle = \pm (\Omega / 2 \sqrt{N}) |1\beta\rangle$. However, the coupling only impacts the splitting to order $(1 / \sqrt{N})$. Interestingly, the coupling between the lowest two-particle polariton $|P^{\pm}_{\alpha \beta, 0} \beta \rangle$ and $|\alpha \beta, 0\rangle$, is exactly zero when $\lambda^2 = 1$ (since $\langle 1\beta | 0\beta \rangle = 0$) making eq 12 exact in this case. For nanoscale cavities having a small number of organic emitters $N < 10$ within the cavity mode volume, it would be possible to measure the size-dependent ratio between the single-particle splitting $\Delta E_{\nu}$ and two-particle polariton splitting $\Delta E_{10}$ associated with the same vibronic transition, which scales for $\lambda^2 \approx 1$ as

$$\frac{\Delta E_{10}}{\Delta E_{\nu}} = 1 - \frac{1}{N} \frac{1}{2N}$$

For a dimer in a cavity ($N = 2$), the two-particle splitting $\Delta E_{10}$ is only 70% the value of the single-particle splitting for any vibronic quantum number $\nu'$ and can thus be distinguished using current plasmonic cavity implementations.\textsuperscript{53} For larger samples, the single- and two-particle splittings, however, become energetically indistinguishable. Despite this difficulty, we later envision two-color absorption experiments that can be used to detect the two-particle polariton splitting for cavities with an arbitrary number of emitters.

**Dark Vibronic Polaritons.** As we increase the magnitude of the Rabi coupling parameter $\sqrt{N} \Omega / \omega_v$ to values of order unity, the light–matter term of the HTC Hamiltonian (eq 1) introduces couplings between diabatic single particle polaritons $|P^{\pm}_{\alpha \beta, \nu'} \beta \rangle$, collective vibronic excitations $|\alpha \beta, \nu, 0\rangle$, and diabatic two-particle polaritons $|P^{\pm}_{\alpha \beta, \nu'} \beta \rangle$ that leads to the mixing of diabatic configurations. The coupling is most efficient for values of the Rabi coupling parameter in the range $\sqrt{N} \Omega / \omega_v \approx 1.25 \pm 0.5, \textsuperscript{56}$ for molecular emitters with typical values of the Huang–Rhys factor $\lambda^2 \approx 0.5 \pm 1.5$.

In this intermediate regime of Rabi couplings, Figure 4 shows that the lowest four energy levels above the lower polariton...
the range which the dark vibronic polariton state and the material part of the diabatic two-particle polariton mostly given by collective dark vibronic states of the cavity couplings, \( (\text{resonance number} N) \text{dark vibronic polaritons of the} \) tends asymptotically to pponent. For large particle numbers but nevertheless can have a large vibrationless photonic component. Only dominant light–matter couplings are explicitly shown. (b) Polariton dispersion curves for \( N = 10, \sqrt{N} \Omega / \omega_v = 2.4, \) and \( \lambda^2 = 0.5. \) Symbols are colored according to the total photon fraction of the corresponding polariton eigenstate. In both panels we use the resonance condition \( \omega_v = \omega_{\text{Res}} \) at normal incidence.

The dispersion diagram in Figure 4b shows that in the vicinity of the bare electronic (excitonic) resonance, the HTC Hamiltonian predicts the existence of a large density of dark vibronic polariton states given by \( |Y_\alpha \rangle \) and \( |X_\beta \rangle. \) The photonic part of these near-resonance \( Y \) states have a significant contribution of the phonon–photon dressed state \( |\beta \neq \alpha, \nu = 1, 1, \rangle \) and their material part is mostly given by collective dark vibronic states \( |\beta \neq \alpha_0, 0, \rangle \) (eq 7) and the material part of the diabatic two-particle polariton \( P_{\text{b}} \) (eq 11). In other words, the HTC model shows that the so-called dark exciton reservoir, predicted to exist in this regime of Rabi couplings,\(^{56,61,77}\) can have a significant vibrationally excited photonic component, even for a homogeneous ensemble without energetic or Rabi disorder.

We have previously shown that under the resonance condition \( \omega_v = \omega_{\text{Res}} \) it is possible to find a critical Rabi frequency \( \sqrt{N} \Omega / \omega_v \) at which the dark vibronic polariton state \( \{|X_\beta \rangle \) has exactly the same energy as the bare electronic frequency \( \omega_{\text{Res}}. \) In the rotating frame of the cavity field,\(^{56,57}\) state \( \{|X_\beta \rangle \) satisfies the eigenvalue equation \( \hat{H}^{|X_\beta \rangle} = 0, \) where \( \hat{H} \) is the HTC Hamiltonian in eq 1. This zero-energy dark vibronic polariton is interesting because it has the same energy as the uncoupled electronic transition, but nevertheless can have a large vibrationless photonic component. For large particle numbers \( N, \) the Rabi coupling tends asymptotically to \( \sqrt{N} \Omega / \omega_v \approx 2.4 \omega_v. \) For intermediate Rabi frequencies other than the critical value, the vibronic polariton state \( \{|X_\beta \rangle \) remains very close to the bare electronic resonance, and the frequency of the vibronic polariton state \( |X_\beta \rangle \) can be found in the range \( \omega \approx 0.3 \omega_{\text{Res}} \), in the large \( N \) limit.

Dark vibronic polaritons of the \( X \) and \( Y \) types have photonic components involving vibrationally excited photon dressed states of the form \( |g_{m, \nu} \rangle \otimes |1, \rangle, \) where \( m \) is a molecule index. Due to their significant photonic component, as Figure 4b shows, \( X \) and \( Y \) vibronic polaritons can decay radiatively via cavity photon leakage by transmission into the far field, projecting the material into a vibrationally excited state in the ground electronic potential. The emitted photon can thus be detected at an energy \( \hbar \omega \) that is lower than the energy of its parent vibronic polariton. More generally, if we denote an eigenstate of the HTC Hamiltonian within the single-excitation manifold by \( |e_\alpha \rangle \) and its eigenvalue by \( \hbar \omega_\alpha \), then we can represent a dissipative photon leakage process by the mapping

\[
\hat{a}|e_\alpha \rangle \rightarrow \sum_m g_m^|e_\alpha \rangle |e_m \rangle \otimes |0 \rangle + \hbar \omega_\alpha
\]

where the energy of the emitted photon is given by

\[
\hbar \omega_\alpha = \hbar \omega_\alpha - \hbar \omega_\alpha \sum_m |e_m \rangle
\]

The single-particle approximation discussed in the previous section only allows radiative decay processes in which all the molecules are projected in their vibrationless ground state by photon leakage, that is, \( \nu_m = 0 \) for all \( m. \) However, by going beyond the single-particle approach, it is possible to treat more general emission processes in which photons detected at a given frequency \( \omega_j \) can arise due to the decay of a vibronic polariton eigenstate at a higher energy, when \( \sum_m |e_m \rangle \geq 1. \) This general behavior is consistent with recent measurements of the action spectra for a variety of organic emitters in metal microcavities,\(^{56,57}\) where emission at the lower polariton frequency grows as the cavity is pumped by monochromatic light above the lower polariton energy, in a manner that cannot be explained by nonradiative relaxation alone.

**Polaron Decoupling of the Lower Polariton Manifold.** We have shown in previous sections that for small and intermediate Rabi couplings the lower polariton state is mainly given by the single-particle state

\[
|P_{\hat{\beta}} \rangle = \frac{1}{\sqrt{2}} \left( \frac{1}{\sqrt{N}} \sum_{n=1}^{N} |g_n \beta_1, \ldots, g_n \beta_N, \rangle \otimes |0 \rangle - |g_n \beta_1, \ldots, g_n \beta_N, \rangle \otimes |1 \rangle \right)
\]

\[
= \frac{1}{\sqrt{2}} \left( \frac{1}{\sqrt{N}} \sum_{n=1}^{N} |g_n \beta_1, \ldots, g_n \beta_N, \rangle \otimes |0 \rangle - |g_n \beta_1, \ldots, g_n \beta_N, \rangle \otimes |1 \rangle \right)
\]

\[
(16)
\]
which is a entangled state involving electronic, nuclear, and photonic degrees of freedom. Light–matter entanglement is a well-known feature that emerges in cavity quantum electrodynamics with atomic systems. Optical cavities with trapped atoms or ions introduce an additional vibrational degree of freedom for each particle associated with a harmonic trapping potential, which resembles the vibrational motion of the nuclei in molecules, but where the trapping potential is independent of the electronic state of the particle. In molecular systems with vibronic coupling (see Figure 2), the harmonic nuclear potential is in general different for different electronic states, with different nuclear potential minima and vibrational frequencies.

It is well-known from the standard Tavis-Cummings model for trapped atoms in an optical cavity, that in the absence of electron-vibration coupling, the vibrational motion of atoms in their trapping potential is separable from the internal degrees of freedom involved in light–matter coupling. Since the HTC model in eq 1 becomes formally equivalent to the Hamiltonian describing an ensemble of trapped two-level atoms in a cavity when \( \lambda = 0 \), there must be a regime of Rabi couplings where vibronic coupling becomes negligible in comparison with the light–matter interaction, such that at least for some vibronic polaron eigenstates, the intramolecular vibrational motion becomes separable from the strongly coupled electronic–photon state, as in the atomic case. We have previously shown that this regime corresponds to the condition \( \sqrt{N} \Omega / \lambda^2 \omega_c \gg 1 \).

In this so-called polaron decoupling regime, we can write the lowest energy polaron eigenstates of the HTC model in eq 1 as

\[
|LP_i\rangle = |\phi_i\rangle \otimes D_{\alpha_i}(\lambda_N)|\psi_{\alpha_i}\rangle \otimes |\psi_{\beta_i}\rangle \otimes |\psi_{\beta_i}\rangle \cdots \otimes |\psi_{\beta_i}\rangle
\]

where \(|\phi_i\rangle\) is a vibrational eigenstate for the collective vibrational mode with permutation quantum number \( \beta \), and the operator \( D_{\alpha_i}(\lambda_N) \) displaces the vibrational minima of the totally symmetric mode \( \alpha_i \) by the quantity \( \lambda_N \) in nuclear configuration space, relative to the equilibrium ground state nuclear configuration. The nonsymmetric modes \( \beta \neq \alpha_i \) are all unshifted relative to the reference configuration. The totally symmetric mode in eq 17 is displaced from the reference nuclear configuration by the quantity

\[
\lambda_N = \frac{\lambda}{2 \sqrt{N}}
\]

Since, according to eq 18, the equilibrium configuration of the only displaced mode in the system becomes indistinguishable from the ground state equilibrium configuration for large \( N \), there is no reorganization energy for a vertical transition between the ground electronic potential and the effective lower polaron potential that characterizes the manifold in eq 17. As a consequence, any molecular process that depends on the relative reorganization energy between ground and excited state potentials should behave very differently in a cavity in comparison with free space. We have previously shown that in the polaron decoupling regime it is possible to enhance or suppress the rate of electron transfer between a donor state strongly coupled to a cavity field, and a weakly coupled acceptor state that changes nuclear configuration upon accepting an excess electron, by orders of magnitude. We also showed that polaron decoupling, and the associated elimination of the reorganization energy in photoinduced electron transfer reactions, can occur even in the presence of energetic disorder and intermolecular excitonic couplings.

Equation 17 shows that for states in the lower polaron manifold, the nuclear degrees of freedom are separable from the electron–photon state, which is now given by the standard Tavis-Cummings form

\[
|\phi_i\rangle = \frac{1}{\sqrt{2}} \left[ \frac{1}{\sqrt{N}} \sum_{n=1}^{N} |g_1, g_2, \ldots, g_N, N_{\phi} \rangle - |g_1, g_2, \ldots, g_N, N_{\phi} \rangle \right]
\]

In other words, there is no polaron formation due to intramolecular vibronic coupling in this regime of Rabi couplings, even for molecular systems with large Huang–Rhys factors \( \lambda^2 > 1 \) in free space.

The diabatic states in the lower polaron manifold given by eq 17 become an accurate representation of the lowest HTC vibronic polaron eigenstates when the number of vibrational quanta in the manifold is small compared with \( \sqrt{N} \Omega / 2 \), as illustrated in Figure 5. Higher vibrational excitations of the lower polaron manifold \( |LP_i\rangle \) can energetically overlap with a high density of diabatic vibronic polaron states and form new HTC eigenstates due to interactions induced by vibronic coupling and energetic...
disorder.\textsuperscript{25} The same occurs with the states in the diabatic upper polariton manifold (UP), which are given by a product form as in eq 17, but replacing $\{\phi_n\}$ from eq 19 by the orthogonal combination

$$\{\phi_n\} = \frac{1}{\sqrt{2}} \left[ \frac{1}{\sqrt{N}} \sum_{\alpha=1}^{N} \{g_{\alpha} \} \{s_{\alpha} \} \right]$$

Radiative Lindblad Dissipation. Up to this point, we have only described the eigenspectrum of the HTC model Hamiltonian (eq 1). Before we can use this understanding of the polariton eigenstates to discuss the interpretation of the spectroscopic signals of organic cavities, we must first address the dynamics of dissipative processes in organic cavities. In order to do this, we adopt a standard Markovian open quantum system approach to describe the competition between coherent and dissipative processes from quantum optics,\textsuperscript{71,73} but formulated here in terms of the vibronic polariton eigenstates of the HTC model.\textsuperscript{65,75} We explicitly consider two radiative decay channels for vibronic polariton eigenstates. The first corresponds to leakage of the radiative component of a polariton state outside the spatial region where strong light–matter coupling occurs, into the far field. This type of photon decay occurs at a rate $\kappa \sim \omega_p/Q$ and determines the empty-cavity line width. While for microcavities with dielectric mirrors having quality factors in the range $Q \sim 10^4 - 10^6$,\textsuperscript{44,46} the photon decay time $1/\kappa$ is in the order of tens or hundreds of picoseconds,\textsuperscript{46} microcavities with metallic mirrors ($Q \sim 10$) have photon decay times are only a few tens of femtoseconds,\textsuperscript{4,47} which is shorter than the typical time scales for intramolecular vibrational relaxation (IVR).\textsuperscript{45} The second radiative decay channel that we consider is the optical fluorescence of the material component of vibronic polaritons into near-resonant optical modes of the cavity that do not participate in the formation of polaritons. For microcavities, such modes are typically bound to the nanostructure by total internal reflection (bound modes), but nevertheless can carry photons away from the spatial region where strong light–matter coupling is taking place. Since the material component of vibronic polaritons are always delocalized over the entire molecular ensemble within our homogeneous HTC model, the corresponding superradiant fluorescence decay rate\textsuperscript{46} is given by $\gamma \sim N \gamma_0$, where $\gamma_0 \equiv 1/\tau_0$ is the fluorescence lifetime of a single organic emitter, typically in the range $\tau_0 \sim 1 - 10$ ns.

By writing a Lindblad master equation in the HTC polariton eigenbasis,\textsuperscript{56,61} with $\{e_i\}$ representing a polariton eigenstate in the single-excitation manifold and $\{n_i\}$ a state in the absolute ground manifold, we obtain an expression for the decay rate for the $j$-th polariton eigenstate, given by

$$\Gamma_j = \kappa \sum_i \left( \eta_i |\alpha_i| e_i \right)^2 + N \gamma_0 \sum_i \left( \eta_i |\alpha_i| n_i \right)^2$$

(20)

where $\{\alpha_i\}$ is a size-normalized collective dipole transition operator.\textsuperscript{46} This expression generalizes the dressed-state form of the polariton decay rates in the standard Tavis-Cummings model.\textsuperscript{41} The first term represents the contribution to the decay from the photon leakage transitions represented by eq 14. The second term represents the contribution to broadening due to superfoulercinos into bound modes of the nanostructure.

### ORGANIC CAVITY SPECTROSCOPY

In organic cavities described by the HTC Hamiltonian $\hat{\mathcal{H}}$ in eq 1, we can consider the reflection and transmission spectra of a monochromatic pump $I_p(\omega)$, given by $R(\omega)$ and $T(\omega)$, respectively, as a result of dissipative photon leakage transitions occurring at the rate $\kappa$. The absorption spectra is then defined as the normalized photon flux difference $A(\omega) = 1 - R(\omega) - T(\omega)$,\textsuperscript{12} which vanishes for an empty cavity, but can be large in strongly coupled systems due to the polariton fluorescence into bound modes of the nanostructure at the rate $N \gamma_0$, which remove photon flux from the direction of the detectors in the far field.\textsuperscript{56}

The photoluminescence spectrum $S_{PL}(\omega)$ is the result of photon leakage transitions into the far field following excitation of the cavity system with a blue-detuned weak pump field $I_p(\omega_p)$, such that $\omega_p > \omega$. We focus below on modeling stationary emission signals in which the system is continuously being driven by the weak pump, under the assumption that at most one polariton is present in the system at all times.\textsuperscript{56} Furthermore, in order to compute the photoluminescence spectrum, we assume that all energy levels within the single-excitation manifold of the HTC model are equally populated up to the energy of the pump field $h \omega_p$, defining a cutoff energy above which polaritons no longer contribute to cavity emission.

The theoretical framework described in the previous sections can also be used to describe other absorption and emission processes that are characteristic of organic cavities. These include bound absorption\textsuperscript{56,58} in the near field of the nanostructure,\textsuperscript{37–39} as well as bound fluorescence\textsuperscript{55} or bound photoluminescence,\textsuperscript{56} which probe the dipole response of polaritons. In this work, we focus on the conventional cavity absorption $A(\omega)$ and photoluminescence spectra $S_{PL}(\omega)$ as a function of systems parameters such as the strength of Rabi coupling, pump frequency, and temperature, in an effort to interpret recent experimental observations,\textsuperscript{47,49},\textsuperscript{51} which cannot be not fully explained using currently available single-particle theories of organic polaritons.\textsuperscript{59–61,63,64,77} We compute the organic cavity spectra below from analytical expressions derived previously using the quantum regression formula.\textsuperscript{56}

Rabi Coupling Regimes. Let us consider the spectral response of an ideal system with $N = 10$ molecular emitters in a cavity with photon and dipole decay rates that are equal in magnitude to the vibrational frequency ($\kappa = N \gamma_0 = \omega_v$), which for typical organic cavities corresponds to homogeneous broadenings on the order of a few hundred meV.\textsuperscript{34} For numerical simplicity, we use a small particle number to discuss the spectroscopic signals, as it has been shown that by truncating the polariton basis within the one-excitation manifold, the polariton spectrum of finite size ensembles with $N \sim 10$ is not qualitatively different from the thermodynamic limit.\textsuperscript{56,82}

We begin describing the organic cavity spectra in the small Rabi limit, which we defined in previous sections by the condition $\sqrt{N} \Omega/\omega_v \ll 1$. Figure 6 shows the absorption and photoluminescence signals in the frequency region near the resonant cavity frequency $\omega_c = \omega_p$, which is the energy reference. All energies are given in units of the vibrational frequency $\omega_v$. The absorption spectra in Figure 6a is dominated by the conventional polariton doublet centered around the resonant frequency ($\omega - \omega_v = 0$), having a single-particle splitting $\Delta E_0 = \sqrt{N} \Omega(0|0)$, which is not resolved for the chosen broadening parameters. Figure 6 also shows absorption sidebands at $(\omega - \omega_v) \approx \omega_v$ and $(\omega - \omega_v) \approx 2 \omega_v$ associated with vibronic transitions of the form $|g_{\alpha}0\rangle \rightarrow |e_1,0\rangle$ and $|g_{\alpha}0\rangle \rightarrow |e_2,0\rangle$, respectively. These vibronic replicas are involved in the formation of single-particle HTC polariton eigenstates for which the photonic component is dominated by the vibrationless dressed state $\hat{a}^d|g\rangle$, as in eq 6. We note that although there are diabatic two-particle polariton states $|P_{fl}\rangle$, that are split by
The small Rabi coupling photoluminescence spectra in Figure 6a illustrate a remarkable feature of the HTC model beyond the single-particle approximation. Since we take the driving field to be practically independent of the polariton states, the emission spectrum does not have a contribution from the vibrationless photonic component $\tilde{a}|G\rangle$. We discuss later how it would be possible to observe diabatic two-particle polariton splittings $\Delta E_{2g}$ at higher temperatures.

The small Rabi coupling photoluminescence spectra in Figure 6b illustrates a remarkable feature of the HTC model beyond the single-particle approximation. Since we take the cutoff frequency $(\omega_{\text{cut}} - \omega_0) = 1.8\omega_0$ to be slightly more than two vibrational quanta above the lower energy peak of the absorption doublet, the emission spectrum is dominated by photons that leak out of parent polariton states $|e_j\rangle$ at higher energies $\hbar\omega_j$, which are detected in the far field at lower frequencies $\omega = \omega_0 - \sum_j \omega_j$, thus, projecting the organic cavity into the vibrationally excited photon vacuum $|g_{(\nu\to\nu')\to g_{20}(\nu\to0)}\rangle$ with $\sum_j \omega_j \geq 1$, as described by eq 14. Figure 6b shows that considering only photon leakage transitions that project the system into the vibrationless ground state ($G$) in eq 2, the emission spectrum (dotted lines) reproduces the overall shape of the absorption spectrum in Figure 6a, including the sideband structure at $(\omega_0 - \omega) \approx \omega_0$. In other words, when restricting leakage emission to the absolute ground state, a strong absorption peak would also give a strong photoluminescence peak.

By allowing emission to states in the ground manifold $|\eta_j\rangle$ with one or more vibrations to states in the ground manifold $|\eta_j\rangle$ with one or more vibrations, we find that even for the relatively small value of the Rabi coupling used in Figure 6, most of the photons emitted by the organic cavity at frequencies close to the bare electronic resonance are coming from parent polariton eigenstates $|e_j\rangle$ whose energies are higher than the emitted photon. From the discussion in previous sections, those higher polaritons are mostly given by the diabatic two-particle polariton states given by eq 11, in this Rabi coupling regime. In order to illustrate this point, Figure 6b shows that only 21% of the photon flux emitted at the frequency of the lowest peak $(\omega_0 - \omega) \approx -0.23\omega_0$ comes from a polariton state at that frequency $(\omega = \omega_0)$. The rest of the emitted photons come from HTC polariton eigenstates that are up to two vibrational quanta higher in energy $(\omega > \omega_0)$. This behavior can be understood by noting that the peak strength in photoluminescence at a given transition frequency $\omega = \omega_0$ is proportional to $(\eta^2|\tilde{a}|e_j\rangle^2_{2g}\approx\omega_0$ where $\omega_0$ is the frequency of the photon leakage transition involving the HTC eigenstates $|\eta_j\rangle$ and $|e_j\rangle$ in the absolute ground and one-vibrational excitations, respectively. For example, the vibronic polariton states $|P_{10}\rangle$ and $|P_{20}\rangle$ can both contribute to the emission spectrum at exactly the lower polariton frequency for large $N$. The transition $\hbar\omega_{20} \to |\eta_j\rangle$ projects the material into a state with one vibrational excitation in the ground manifold $|\eta_j\rangle$, and the transition $\hbar\omega_{20} \to |\eta_j\rangle$ projects the system into a state with two vibrational excitations in the ground manifold $|\eta_j\rangle$.

Let us now consider the spectra of organic cavities in the opposite limit where the Rabi couplings are large, that is, $\sqrt{N}\Omega_0 / \omega_0 > 1$. In this regime, we expect the lower polariton manifold to reach the polaron decoupled form given by eq 17. The absorption spectrum in Figure 7a is indeed strongly dominated by a conventional lower and upper polariton splitting that is only slightly higher than the Tavis-Cummings value $\sqrt{N}\Omega_0$, confirming polaron decoupling behavior. Deviations from ideal polaron decoupling in the upper polariton manifold result in the appearance of intermediate absorption peaks in the frequency region above the bare electronic resonance $(\omega > \omega_0)$.

Figure 7b shows the photoluminescence spectrum of the system near the lower polariton frequency, for a cutoff frequency that is two vibrational quanta above the lower polariton peak. Similar to the discussion of the small Rabi limit (Figure 6), only a small fraction of the photons emitted at the lower polariton frequency come from the lower polariton state $LP$). The majority of photons come from HTC polariton eigenstates at higher energies, up to the frequency cutoff $\omega_{\text{cut}}$ imposed by the driving field. Assuming that ideal polaron decoupling is established for the lower polariton manifold, we can use the separable wave function ansatz in eq 17 to estimate the fraction of photons coming from states that are one and two vibrational quanta above the lower polariton. According to the separable wave function eq 17, the lower polariton state thus emits photons at its own energy with a strength proportional to $\sin^2 \omega_0$.  

$$\Delta E_{\text{2g}} \approx 0.95 \Delta E_0 \quad (\omega - \omega_0) = \omega_0 \quad \text{at low initial temperatures} \quad kT / \hbar\omega_0 \ll 1,$$

because their wave function does not have a contribution from the vibrationless photonic component $\tilde{a}|G\rangle$. We discuss later how it would be possible to observe diabatic two-particle polariton splittings $\Delta E_{2g}$ at higher temperatures.

**Figure 6.** (a) Stationary cavity absorption $A(\omega) = 1 - R(\omega) - T(\omega)$ for $N$ molecular emitters representative of the small Rabi regime $\sqrt{N}\Omega_0 / \omega_0 \ll 1$, showing the diabatic single-particle splitting $\Delta E_0$ between lower polariton (LP) and upper polariton states. (b) Photoluminescence spectra for the same Rabi coupling as in panel (a). Solid and dashed lines correspond to the total emission signal including photon leakage transitions that project the material into a state with up to $\nu = 2$ and $\nu = 1$ vibrational quanta, respectively. Dotted lines correspond to emission events that project the system into the vibrationless ground state. The arrow indicates the cutoff frequency $\omega_{\text{cut}}$ for the uniform polariton steady-state distribution. In both panels, narrow solid lines indicate the position of the main peaks in the spectra. We use the model parameters $N = 10, \sqrt{N}\Omega_0 / \omega_0 = 0.6, \kappa / \omega_0 = N \eta / \omega_0 = 1, \lambda^2 = 0.5$, and $\omega_0 = \omega_{\text{cut}}$ at normal incidence.

**Figure 7.** (a) Stationary cavity absorption $A(\omega) = 1 - R(\omega) - T(\omega)$ for $N$ molecular emitters in the polaron decoupling regime $\sqrt{N}\Omega_0 / \lambda^2 \eta_0 > 1$, showing the adiabatic splitting $\Delta E$ between the lower polariton (LP) and upper polariton peaks. (b) Photoluminescence spectra for the same Rabi coupling as in panel (a). Solid and dashed lines correspond to the total emission signal including photon leakage transitions that project the material into a state with up to $\nu = 2$ and $\nu = 1$ vibrational quanta, respectively. Dotted lines correspond to emission events that project the system into the vibrationless ground state. The arrow indicates the cutoff frequency $\omega_{\text{cut}}$ for the uniform polariton steady-state distribution. The inset in panel (b) shows the corresponding energy level diagram and photon leakage transitions that contribute to photoluminescence at the lower polariton frequency $\omega_0$. In both panels we use the model parameters $N = 10, \sqrt{N}\Omega_0 / \omega_0 = 5.5, \kappa / \omega_0 = N \eta / \omega_0 = 1, \lambda^2 = 0.05$, and $\omega_0 = \omega_{\text{cut}}$ at normal incidence.
where we have used \((0_{N,\lambda} | 0_{N,\lambda}) = \cdots = (0_{N,\lambda} | 0_{N,\lambda}) = 1\) and evaluated the Franck–Condon factor for the symmetric mode \(a_0\) using \(\lambda_0 = \lambda/2\sqrt{N}\), which becomes \(\lambda_0 \approx 0.08\) for the parameters in Figure 7.

Leakage emission from a state in the lower polariton manifold that is exactly one vibrational quanta above the lower polariton is proportional to the square of the vibrational overlap \(\langle 0_{0,N,\lambda} | \lambda_N \rangle \langle 1_{\beta_1} | 1_{\beta_1} \rangle \cdots | 0_{N,\lambda} | 0_{N,\lambda-1} \rangle\), which has the same value as in eq 21. We have assumed that mode \(\beta_1\) is excited both in the parent polariton state \(|e_1\rangle\) and the ground manifold state \(|\eta_0\rangle\), but any choice of \(\beta\) satisfying the constraint \(\sum N_\beta = 1\) gives the same result. If the vibrational excitation is assumed to be in the totally symmetric mode, the overlap becomes \(\langle 1_{0,0} | \lambda_N \rangle \langle 1_{0,0} \rangle = \epsilon^{-2N} (1 - \lambda^2/4N)\), which tends to eq 21 for large \(N\).

Figure 7b illustrates that for polaritons whose photonic component has one quantum of vibration, photon leakage leads to emission detected also at the lower polariton frequency. Similarly, leakage emission from the polariton state \(|e_2\rangle\) that is exactly two vibrational quanta above the lower polariton, emits radiation at the lower polariton frequency with a strength that is proportional to the square of a vibrational overlap that has the same value as in eq 21. In summary, only one-third of the emitted photons at the lower polariton frequency come from directly from the lower polariton state in the polaron decoupling regime, when the system in pumped two vibrational quanta above the lower polariton. The remaining two-thirds come in equal contributions from the first and second excited sideband of the lower polariton manifold given by eq 17, behavior that is clearly captured in Figure 7b.

In the intermediate Rabi coupling regime (see Figure 4), stationary cavity absorption close to the resonance frequency \((\omega - \omega_0) \approx 0.4\omega_0\) for \(\sqrt{N}\Omega = 2\omega_0\) is largely due to the vibrationless photonic component of state \(|X_0\rangle\) in Figure 4, which adiabatically connects with the single-particle diabatic upper polariton state \(|P_0\rangle\) from eq 4, as \(\sqrt{N}\Omega\) decreases. When the ratio \(\sqrt{N}\Omega/\omega_0\) exceeds unity and the lower polariton manifold begins to enter the polaron decoupling regime, the vibronic polariton state \(|X_0\rangle\) acquires a stronger two-particle polaron character involving vibrationally excited photonic components, making it more difficult to populate directly in a one-photon transition starting from the absolute ground state \(|G\rangle\). The midregion absorption peak thus tends to disappear for larger values of the Rabi coupling. For example, X-state absorption at \(\omega = \omega_0 = 0.6\omega_0\) in Figure 8a is an order of magnitude weaker than the lower polariton absorption at \(\omega = \omega_0 = -2.6\omega_0\) for \(\sqrt{N}\Omega = 5.5\omega_0\).

As discussed earlier, the line shape of the stationary photoluminescence spectra strongly depends on the cutoff energy \(\hbar \omega_m\) above which no polariton eigenstate is significantly populated in the steady state. In Figure 8b, we show the static photoluminescence spectra assuming a uniform population of polariton energy levels up to a cutoff frequency \(\omega_m\) that is roughly two vibrational quanta above the lower polariton frequency, for the same values of the Rabi coupling ratio \(\sqrt{N}\Omega/\omega_0\) as in Figure 8a. The dominant contribution to photoluminescence at the frequency of the lowest energy absorption peak (lower polariton) comes from the radiative decay of HTL polariton eigenstates that are one or two vibrational quanta higher in energy via photon leakage transitions represented by eq 14.

Figure 8b further shows a prominent midgap peak between the LP and UP which is most pronounced for \(\sqrt{N}\Omega = \omega_0\), which is near the critical value for the formation of the dark vibronic polaritons with energies close to the resonant cavity frequency \(\omega_0\). This midgap PL peak has been observed experimentally for J-aggregates in microcavities with Rabi frequencies very close to the asymptotic critical value for large \(N\). The origin of this midgap PL peak is due to direct emission from polariton \(|X_0\rangle\), as well as indirect emission from Y-polaritons with energies one or more vibrational quanta higher in energy than \(|X_0\rangle\).

**Hot-Band Cavity Absorption.** We have previously derived an expression for the absorption spectrum \(A_\omega = 1 - R_\omega - T_\omega\) at zero temperature by considering the perturbative action of an external periodic driving term given by \(V_p(t) = \Omega_g (a^*_0 e^{-\omega t} + a e^{\omega t})\) on the HTC Hamiltonian \((\text{eq } 1)\), together with the quantum regression formula under weak driving conditions \(\Omega_g \ll \sqrt{N}\Omega\). At low temperatures, that is, \(k_B T/\hbar \omega_0 \ll 1\), we expect the cavity to be in the absolute ground state \(|G\rangle\) \(\approx |\lambda_0\rangle_0, 0_0, 0_0, 0_0\rangle\) in the absence of the external field. Continuous resonant driving with an optical field at frequency \(\omega\) can thus induce transitions into polaron eigenstates \(|e_j\rangle\), which we represent by the mapping \(V_p|G\rangle \rightarrow |e_j\rangle\). In order to contribute to the absorption signal, the weakly populated polaron state \(|e_j\rangle\) can then decay by fluorescence into a near-resonant bound modes of the nonstructure, thus, reducing the photon flux from the direction where reflection \(R_\omega\) and transmission \(T_\omega\) is collected in the far field, assuming a near-unity polariton quantum yield.
In general, the cavity system in the absence of external driving can be described by the state
\[
\hat{\rho}_0 = \sum_i f_i |\eta_i\rangle \langle \eta^1|
\]
where the real quantities \( f_i \) determine the probability distribution of the ground manifold states \( |\eta_i\rangle \) in the ensemble. If we denote by \( \hbar \alpha_i \) the energy of state \( |\eta_i\rangle \) in the ground manifold, and \( \hbar \omega_i \) the energy of the polariton eigenstate \( |\epsilon_i\rangle \), then we can use eq 22 to extend our previous zero-temperature results\(^{66,67} \) and write the stationary absorption signal as
\[
A(\omega) = \pi \sum_i f_i \sum_j F_j |\langle \eta_i|\epsilon_j\rangle|^2 (\omega - \omega_j)^2 + \kappa_j^2
\]
(23)
where \( \kappa_j \) is the decay rate for the coherence between states \( |\eta_i\rangle \) and \( |\epsilon_j\rangle \), \( \Gamma_j \) is the polariton radiative decay rate given by eq 20, and \( \omega_j = \omega_i - \omega_i \) is the transition frequency. The total dipole emission strength of the \( j \)-th polariton eigenstate, \( F_j = \sum_i |\langle \eta_i|\epsilon_j\rangle|^2 \), accounts for the fact that polaritons which cannot fluoresce into bound modes do not contribute to the far-field absorption spectra.

The expression for the stationary cavity absorption in eq 23 can be used to interpret experiments where the temperature is sufficiently high such that \( k_b T / \hbar \alpha_i \sim 1 \), by associating the population factors \( f_i \) with a properly normalized statistical distribution. The mixed state \( \hat{\rho}_0 \) in eq 22 can also describe a nonthermal state corresponding to a cavity under strong infrared driving that is resonant with an excited vibrational level at frequency \( \omega_i = \nu \omega_{i0} \) hosting \( \nu \) vibrational quanta in the ensemble. Under such conditions, the population of the absolute ground state can become negligible over the relevant driving time scales, that is, \( f_i \ll 1 \), such that the absorption of a second driving field at optical frequencies \( \omega_i \sim \omega_{i0} \) is dominated by transitions starting from an excited vibrational state in the ground manifold, for which \( f_i \sim 1 \), leading to a type of hot-band cavity absorption. The IR-optical two-photon cavity absorption signal is illustrated in Figure 9. Experimentally, pulsed infrared fields would be needed to deplete the absolute ground state. The initial state in eq 22 could be generalized to account for laser-induced vibrational coherences in the ground manifold.

Figure 9 shows that for relatively small Rabi couplings \( \sqrt{N} \Omega \lesssim \omega_{i0} \) optical cavity absorption starting from the first excited vibrational level of the ground manifold can probe directly the two-particle polariton splitting \( \Delta E_{\nu'\nu} \), given by eq 12, provided the splitting can be resolved (peaks b and c in Figure 9). In experiments where single-particle polariton splittings have been resolved for a small number of organic emitters \( N \sim 1-10 \),\(^{22} \) it should thus be possible to measure the anharmonicity of the light–matter coupling characterized by the \( \sqrt{(N - 1)} \) scaling of the two-particle polariton splitting \( \Delta E_{\nu'\nu} \) provided that the hot-band contribution to the absorption spectra can be isolated, as in the two-color scheme proposed here.

More generally, hot-band absorption could be used to spectroscopically detect the presence of any HTC polariton eigenstate with negligible vibrationless photonic component, such as dark-vibronic polaritons of the \( Y \) type at intermediate Rabi couplings (\( \sqrt{N} \Omega / \omega_{i0} \sim 1 \)), as well as excited vibrational sidebands of the lower polariton manifold (LP\( \nu \rho \)) (eq 17) in the polaron decoupling regime (\( \sqrt{N} \Omega / \lambda^2 \Omega_{i0} \gg 1 \)). Figure 9b also shows that hot-band absorption starting from the first vibrationally excited state in the ground manifold gives a sideband absorption peak in the region below the conventional lower polariton peak (peak a in Figure 9). For the system parameters chosen in Figure 9, this lower energy sideband is exactly one vibrational quanta below the bare resonance frequency \( \omega_i = \omega_{i0} \) and its strength is proportional to the vibrationally excited photonic component of the nonsymmetric collective vibronic states \( |a_i\rangle |\epsilon_j\rangle \), the so-called dark exciton states (see eq 7), at the bare electronic resonance. Figure 9 also shows that there should be no sideband structure below the lower polariton frequency when absorption is exclusively due to transition from the absolute ground state \( |G\rangle \).

### CONCLUSION AND OUTLOOK

In this work, we have described the general photophysics of organic cavities using a homogeneous Hostein-Tavis-Cummings (HTC) model\(^{55,55-58} \) to describe the structure of vibronic polaritons, together with a Markovian description of their radiative decay dynamics. For convenience, we provide a summary of the main model predictions in Table 1.

The HTC model is applicable to any number of molecular transition dipoles interacting with a lossy cavity mode. Its basic photophysics has been observed in optical cavities containing individual chromophores,\(^{2,70} \) molecular aggregates,\(^ {57} \) molecular crystals,\(^ {67} \) and live bacteria.\(^ {93} \) The developed theoretical framework provides a microscopic interpretation for some of the observed features in the absorption and emission spectra of organic microcavities over a range of light–matter coupling strengths within the so-called strong coupling regime of cavity quantum electrodynamics. The model generalizes previous theoretical approaches that described spectroscopic signals under the assumption that the photonic part of the polariton wave function has no vibrational structure, but only the material part of the wave function can have the contribution of several vibronic transitions.\(^ {59-61,63,64,77} \) We refer to this as the single-particle approach to the description of vibronic polaritons.

Within this single-particle approach, photoluminescence at the lower polariton frequency \( \omega_{LP} \) can only be due to the radiative decay of the lower polariton state (LP) via leakage of the photonic
component of its wave function into the far field. In this picture, when a cavity is driven with a narrow laser field above the lower polariton frequency, the higher-energy states that are populated by the external driving must first decay via phonon-induced nonradiative transitions into the lower polariton state, before radiative decay can take place.\textsuperscript{60,61,63,64} As the system relaxes toward the lower polariton state, it is assumed that nonradiative relaxation populates a large number of weakly coupled collective material states, the so-called excitonic reservoir.\textsuperscript{60,61} In the frequency region near the bare electronic (excitonic) resonance. Such excitonic reservoir states cannot form polaritons because of quasi-momentum mismatch, and can nevertheless act as a scattering reservoir for polariton states. In particular, it is has been proposed\textsuperscript{63,64} that material states in the excitonic reservoir can radiatively decay via cavity-enhanced fluorescence (Purcell effect) into the first excited vibration in the ground electronic molecular potential, such that the emitted photon can be reabsorbed by the ensemble and incoherently populate any polariton state that is found one quantum of vibrational energy lower than the fluorescent exciton reservoir state. The lower energy polariton state populated by such exciton-mediated scattering process can then decay radiatively via photon leakage into the far field and contribute to the photoluminescence signal. This phenomenology has been used to interpret the experimental observation of enhanced photoluminescence at the lower polariton frequency $\omega_{LP}$ in cavities where the bare electronic (excitonic) resonance is roughly one vibrational quantum above the lower polariton state.\textsuperscript{53,55} In our language, this condition is fulfilled at intermediate Rabi coupling parameters $\sqrt{N}\Omega / \omega_c \approx 2$, for typical strengths of vibronic coupling.

Throughout this work we have shown that the HTC model of organic cavities provides a profoundly different view of polariton emission from the previously proposed interpretations. If we consider emission at the lower polariton frequency $\omega_{LP}$, our theory shows that by continuously driving a cavity with a pump energy at least one vibrational quantum above the lower polariton state, only a minority of the emitted photons at $\omega_{LP}$ originate directly from the radiative decay of the lower polariton state. Most of the emitted photons at $\omega_{LP}$ originate from the direct radiative decay of vibronic polariton eigenstates at higher energies. Most importantly, we demonstrate in this Review that such emission behavior is universal in the sense that it occurs for any value of the Rabi frequency, as long as the cavity can transiently support the formation of vibrationally excited single-photon dressed states. This proposed view of radiative polariton decay may have important implications in our understanding of macroscopic coherence phenomena such as condensation\textsuperscript{10,65} and lasing.\textsuperscript{4,66}

In an organic cavity where the Rabi frequency $\sqrt{N}\Omega$ is not much greater than the typical vibrational relaxation rate,\textsuperscript{3,4,46} a vibrationally excited photon dressed state can relax nonradiatively before it can exchange energy with purely material excitations through coherent light–matter Rabi coupling.\textsuperscript{3,4,46} Under such conditions, two-particle polaritons as described in this review cannot be sustained, and our theory of organic cavities reduces to the more commonly used single-particle approach.\textsuperscript{50,59,64} The proposed theoretical framework based on two-particle and multiparticle vibronic polariton states, thus relies on the ability of vibration-photon dressed states to resonantly couple with material vibronic-vibrational excitations over subpicosecond time scales, which is the typical magnitude of the nonradiative relaxation time $\tau_{nr}$ in organic systems.\textsuperscript{45} In general, if $k$ is the decay rate for cavity photons due to leakage into the far field, the new type of dark vibronic polaritons described in this review can be sustained in organic cavities with system parameters that satisfy the conditions $\sqrt{N}\Omega > k \gtrsim 1 / \tau_{nr}$. These conditions hold for several experimental realizations of organic cavities with different geometries and material composition.

The qualitatively new description of organic cavities introduced by the homogeneous HTC model can be further refined by introducing more detailed features of organic cavities such spatial inhomogeneities in the electronic transition frequency.\textsuperscript{50,65,69,95} Inhomogeneous Rabi coupling,\textsuperscript{69,69} and a more elaborate treatment of the multimode nature of the commonly used photonic nanostructures than the quasi-mode approximation used here. Since the typical radiative and nonradiative molecular relaxation channels are well-known, it
should be also possible to develop a microscopic dynamical description of the competition between Rabi coupling, cavity photon leakage, cavity-enhanced molecular fluorescence and vibrational relaxation that can go beyond the steady-state description used in this work. Such dynamical open quantum system modeling would allow us to better understand ultrafast cavity spectroscopy measurements, as well as the temperature dependence of organic polariton signals.

By further exploring the condensed-matter aspects of the HTC model, it should also be possible to describe organic cavities under strong resonant and nonresonant driving, in order to better understand the quantum nonlinear dynamical processes that emerge at large polariton densities, such as condensation and lasing. It was in this context that the HTC model was first introduced, but still several open questions remain regarding the mechanisms that allow the emergence of stationary macroscopic polariton coherence. The cavity quantum dynamics framework implicit in the HTC model, also suggests possible connections with macroscopic phase coherence effects such as quantum synchronization.

In summary, the quantum theory of vibronic polaritons and organic cavity spectroscopy described in this Review can not only serve as a phenomenological benchmark for new electronic structure calculation methods that treat the strong electron–photon coupling in confined electromagnetic fields from first-principles, but also stimulate the development of novel nonlinear optical devices, chemical reactors, and optoelectronic devices that can be enhanced by quantum optics.

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### Notes

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